

HOPE *is alive*

A Mental Health Parenting Summit

FRIDAY, OCTOBER 10

Daytime Events | 9:00 a.m. – 3:00 p.m. | **Evening Event** | 7:00 p.m.

The Woodlands Methodist Church, Harvest Worship Center

\$25 | Lunch Included | *Child care available*



Dr. Stew Grant
TWMC Pastor of Marriage
and Family Ministries
“The Science and
Theology of Addiction”



Kimberly McClung
LPC Associate
“The Cheetah in the
Tree: A Parable About
Teen Anxiety”



Jaci Zahn
Author of *Overcome the
Grip of a Narcissist*
“Bullying: Angel’s Army”



**Keynote: Judge
Wayne Mack**
“Talk Saves Lives: Suicide
Prevention”

TWMC is dedicated to equipping parents to raise healthy, Christ-centered families. Join us as we explore topics impacting our youth, like anxiety, self-harm, addiction, depression and suicide awareness, and how parents can cope with these issues to help their teens.

Find more information and register at [twmc.org/caring](https://www.twmc.org/caring)

THE **WOODLANDS**
METHODIST CHURCH

